



Dr Christine Janin

Founder and Manager of
A Chacun son Everest !! To Each one its Mt Everest!

Through a symbolic parallel between difficulties met to conquer a summit and those met to fight against the disease, a great roped-party of solidarity was born to help children touched by cancer or leukaemia to « heal better » and contribute to their return to well-being for a new future.

Since 1994... the ascension goes on :
140 camps were organised, 1996 children have reached their summit, 21 hospitals are involved.

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A CHACUN SON EVEREST !
Un enfant, un cancer, un sommet

Christine Janin

Doctor, Mountaineer



Since 1994,
Manager of the association
A Chacun son Everest !
To Each one its Mount Everest !

1990 Everest

First Frenchwoman to reach
"the Top of the World"

1992 Seven Summits

First European woman succeeding in
reaching all 7 summits

1997 North Pole

First woman in the world to reach North Pole
without advanced mechanical support or huskies



Doctor in Medicine (1982) <<<

Speciality : Biology and Sport Medicine

>>> Mountaineering Certificate (1994)

Option : middle mountain guide certificate

Camp director certificate (2004)

... expeditions ...

- 1981** GASHERBRUM II (8 035 m) - in the Pakistanis Himalayas
1st Frenchwoman to get over 8 000 m high without oxygen
- 1983** MALAKU II (7 700 m) / BARUNTSE (7 100 m) - Nepal
- 1985** Medical expedition to the ANNAPURNA IV (7 650 m) - Nepal
organized by the ARPE (Association of Research in Environment Physiology)
Setting up of the highest physiology laboratory in the world
- 1986** HIDDEN PEAK (8 068 m) - In the Pakistanis Himalayas
1st Frenchwoman to get to the summit without oxygen
- 1987** Mountain Bike expedition on the high road to TIBET
(from Kathmandu to Lhasa)
- 1988** BAFFIN ISLAND sea kayak expedition
- 1989** MOUNT EVEREST - Turbo expedition with Éric Escoffier
Chinese slope - 1st attempt - altitude reached: 7 800 m
- 1990** MOUNT EVEREST (8 848 m) -
Summit reached on October, 5th at 4.45pm
1st Frenchwoman on the roof of the world
- 1992** SEVEN SUMMITS CHALLENGE
After climbing Mount Everest, expedition to reach the highest summit of
each continent
VINSON MONT (5 140 m) in the Antarctic, January
Mc KINLEY (6 197 m) in Alaska, May
ELBROUZ (5 642 m) in the Caucasus, July
KILIMANDJARO (5 895 m) in Africa, August
CARSTENSZ (5 030 m) in Indonesia, October
ACONCAGUA (6 959 m) in Argentina, December
1st European woman to fulfil the "Seven Summits" challenge
- 1997** NORTH POLE in 62 days walk (with skis), from the 3rd of March to the 4th of
May, accompanied with Sergueï Ogorodnikov.
1st woman in the world to reach North Pole without mechanical support or
huskies.

... books ...

- 2002** A Chacun son Everest ! - To Each one its Mount Everest! - Ed. Gallimard
- 1998** Objectif Pôle Nord - Objective : North Pole - Ed. Albin Michel
- 1997** Guide de la randonnée en montagne - Mountain trek guidebook -
Albin Michel
- 1993** Le Tour du Monde par les Cimes - Round the world by the top -
Ed. Albin Michel
- 1992** Première Française à l'Everest - 1st Frenchwoman at Mount Everest -
Ed. Denoël
- 1992** Trekking - Collection Solo - Ed. Glénat

... movies ...

- 1997** Objectif Pôle / Objective: North Pole (26 minutes) - Martin Tzara
- 1994** A Chacun son Everest ! / To Each one its Mount Everest! (52 minutes) -
P-J Rey et N. Jamet
- 1993** Au fil des Cimes / Following the tops (52 minutes) - Bernard Germain
- 1991** Désir d'Everest / Everest Desire (37 minutes) - Bernard Germain

... distinctions & medals ...

- 2008** Officier de la Légion d'Honneur / *Legion of Honour Officer*
- 2004** Officier de l'ordre National du Mérite / *National order of merit Officer*
- 2003** Chevalier de l'ordre des Arts et des Lettres / *Arts and Letters Order Knight*
- 1991** Médaille du Sénat / *Senate Award*
- 1991** Médaille de l'Académie des Sports de France / *Sports Academy Award*
- 1991** Médaille de l'Académie de Médecine / *Medicine Academy Award*
- 1998** Académie des Sports "Prix de l'aventure sportive" / *"Sports' adventure Award" - Sports Academy*
- 1997** Borne d'or de l'aventure "Catégorie Terre" décernée par l'IGN
Adventure Golden Trophy "Earth category" awarded by the IGN
- 1997** Trophée Clarins - Prix de la femme la plus dynamisante de l'année
Clarins trophy - Price of the most « dynamisante » woman of the year
- 1997** Trophée Antenne 2 - Prix Jean Mamère - *French TV Trophy*
- 1996** Chevalier de la Légion d'Honneur / *Legion of Honour Knight awarded by
President Jacques Chirac*
- 1990** Médaille du Département de la Haute-Savoie - Exploit sportif de l'année
Haute-Savoie Award - Sports' performance of the year
- 1990** Trophée Antenne 2 - *French TV Trophy*